



# iwalk<sup>2005</sup>

## International Walk to School

# October 3-7

Join children and adults around the world for a week of walking!

why walk?

International Walk to School Week is an event to raise worldwide awareness of walking issues.

**Walks promote:**

- Physical activity
- Teaching safe walking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children

get started at:

[www.iwalktoschool.org](http://www.iwalktoschool.org)

and contact your local coordinator: